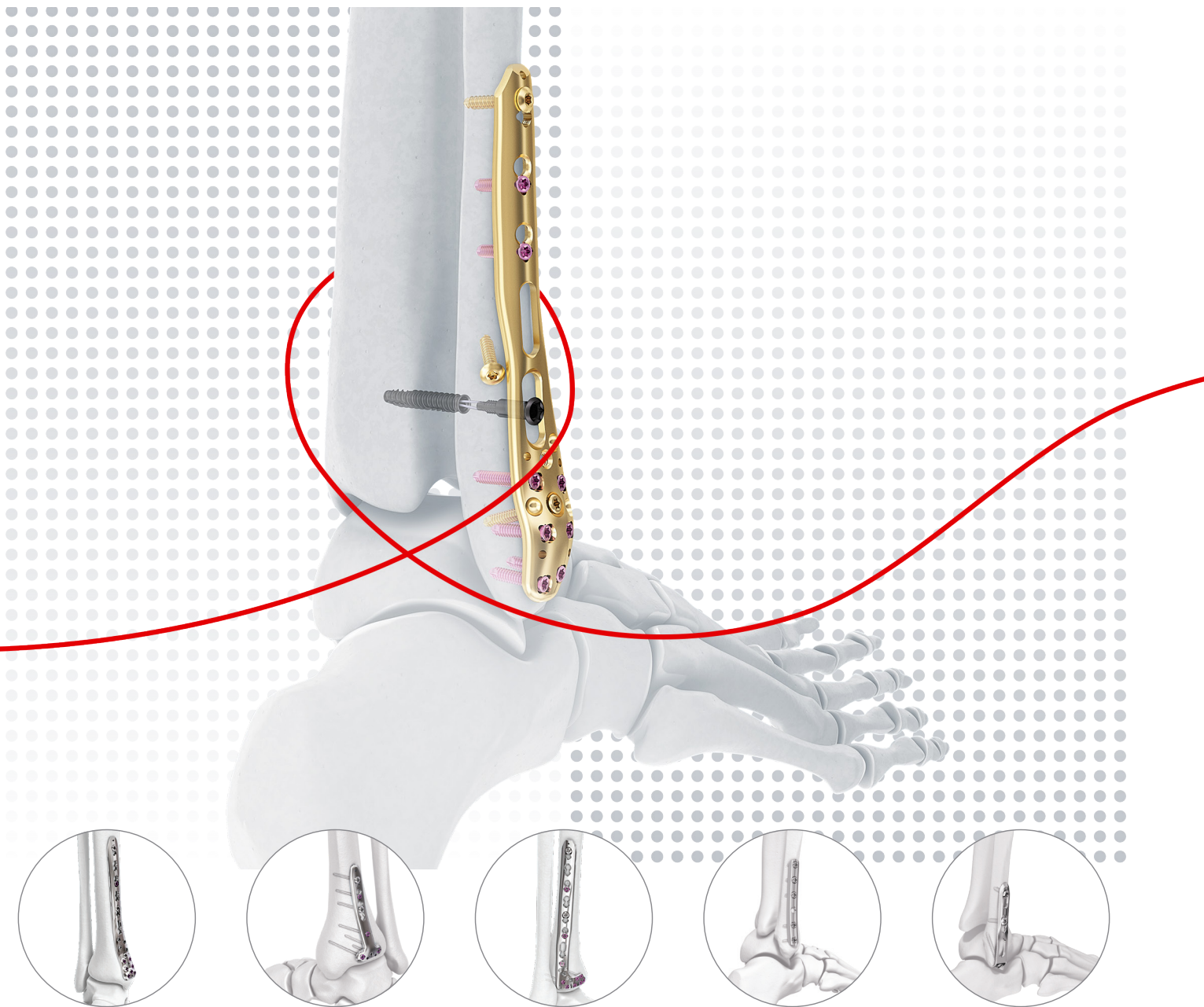


Ankle Fracture Solutions

All the options you need to meet
every ankle fracture challenge



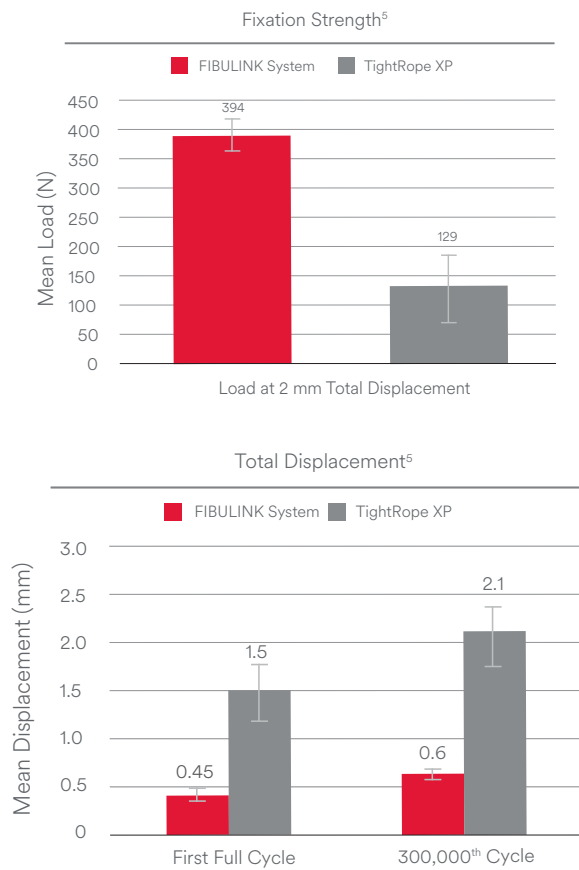
Innovations in Ankle Repair

The FIBULINK® Syndesmosis Repair System

The FIBULINK® Syndesmosis Repair System is the first adjustable screw and suture syndesmotic repair system with a short, high-strength suture bridge designed to enable physiologic ankle motion.^{1,2} It combines the fixation of a screw with the flexibility of a suture and is designed to enable precise, anatomic syndesmotic fixation.^{2,3} It is available in stainless steel and titanium and is compatible with DePuy Synthes distal fibula plates.⁴

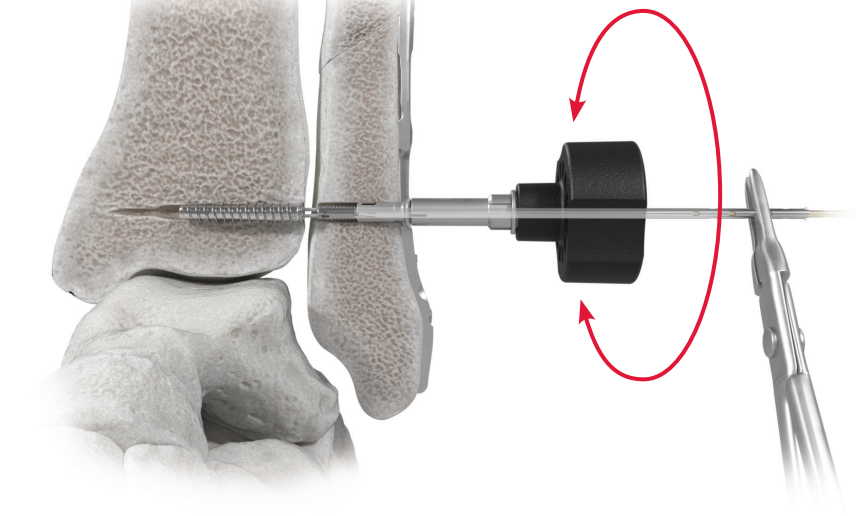
Enables Physiologic Motion

The FIBULINK System provides **3x the fixation strength** and only **1/3 of the elongation** of Arthrex Syndesmosis TightRope® XP Implant System.^{5,*}



Eliminates Medial Disruption

No medial incision or hardware, which eliminates medial side complications and helps improve procedural efficiency.^{2,†}



Improves Tension Control

Precise tension adjustment designed to optimize final syndesmotic gap.^{1,2,†}

2.7 mm VA LCP® Lateral Distal Fibula Plates, Also Available in Titanium

Building on the success of the VA LCP locking technology platform, the stainless steel and titanium plates offer targeted fixation with intra-operative choice and 2 dedicated syndesmotic slots accepting the FIBULINK System or 3.5 mm and 4.0 mm cortex screws.

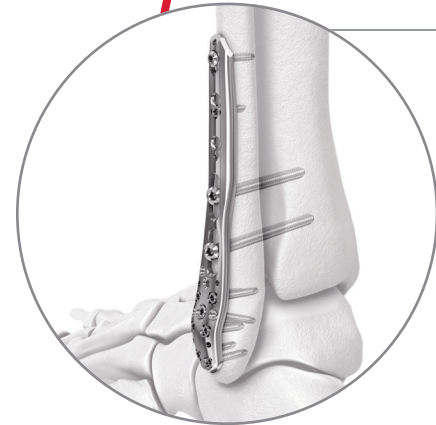


Variable angle technology permits screw angulation within a 30° cone around the central axis of the plate hole.



^{*}Bench testing may not be predictive of clinical performance. Sample size of n = 8. Percentages and ratios based on averages. Attributes evaluated include fixation strength (load at 2 mm), displacement, and stiffness.
[†]Compared to suture button constructs.

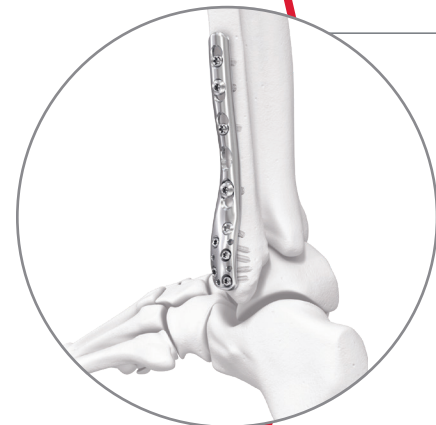
Distal Fibula Plates



VA LCP Anatomic Plates

2.7 mm VA LCP Lateral Distal Fibula Plates

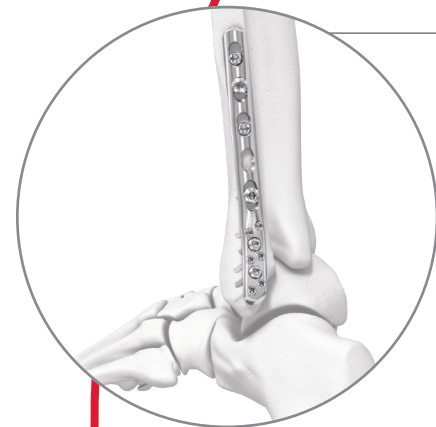
- Two syndesmotomic slots for placement of the FIBULINK System, 3.5 mm or 4.0 mm cortex screws[‡]
- Variable angle locking technology
- Locking screws: 2.7 mm
- Non-locking screws: 2.7 mm (cortex and metaphyseal)
- Available in stainless steel and titanium
- Plate lengths 79 mm–235 mm, 3 holes–15 holes



LCP Anatomic Plates

2.7 mm/3.5 mm LCP Lateral Distal Fibula Plates

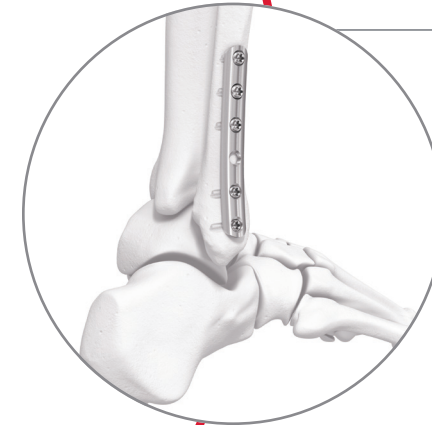
- Coaxial screw holes help minimize screw head prominence and create a low-profile construct
- Fixed angle locking technology
- Locking screws: 2.4 mm/2.7 mm (in head), 3.5 mm in shaft
- Non-locking screws: 2.4 mm/2.7 mm (cortex in head), 3.5 mm cortex/4.0 mm cancellous in shaft
- Available in stainless steel and titanium
- Plate lengths: 73 mm–233 mm, 3 holes–15 holes



LCP Anatomic Plates

2.7 mm/3.5 mm LCP Posterolateral Distal Fibula Plates

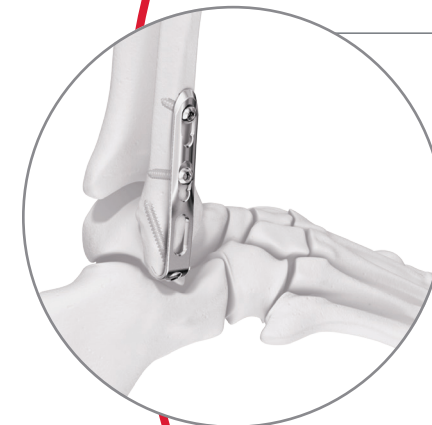
- Plate designed for posterolateral plate placement where there is improved soft tissue coverage[‡]
- Fixed angle locking technology
- Locking screws: 2.4 mm/2.7 mm (in head), 3.5 mm in shaft
- Non-locking screws: 2.4 mm/2.7 mm (cortex in head), 3.5 mm cortex/4.0 mm cancellous in shaft
- Available in stainless steel and titanium
- Plate lengths: 73 mm–233 mm, 3 holes–15 holes



LCP® Universal Plates

3.5 mm LCP One-Third Tubular Plates

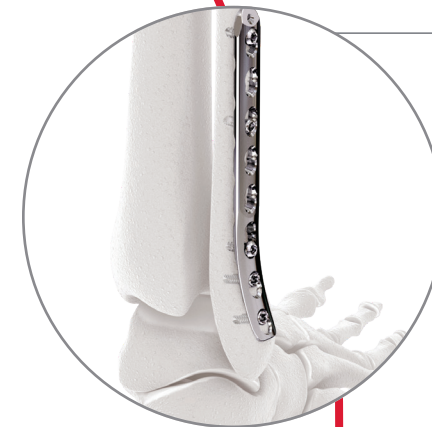
- Straight plate, which can be contoured to patient anatomy
- Fixed angle locking technology
- Locking screws: 3.5 mm
- Non-locking screws: 2.7 mm and 3.5 mm (cortex)
- Available in stainless steel and titanium
- Plate lengths: 33 mm–141 mm, 3 holes–10 holes
- Also available as a non-locking plate, see ordering information for details



LCP Universal Plates

3.5 mm LCP Hook Plates

- The spring effect of the plate facilitates reduction and is designed for a stable tension band technique[‡]
- Fixed angle locking technology
- Locking screws: 3.5 mm
- Non-locking screws: 3.5 mm (cortex)
- Available in stainless steel and titanium
- Plate length 62 mm, 3 holes



LCP Universal Plates

3.5 mm LCP Metaphyseal Plates

- Thinner profile on one end allows contouring to address characteristics of the metaphysis[‡]
- Fixed angle locking technology
- Locking screws: 3.5 mm
- Available in stainless steel and titanium
- Plate lengths 86 mm–242 mm, 6 holes–18 holes

[‡]Biomechanical bench testing may not be indicative of clinical outcomes in humans.

Distal Tibia Plates



VA LCP Anatomic Plates

2.7 mm/3.5 mm VA LCP Medial and Anteromedial Distal Tibia Plates

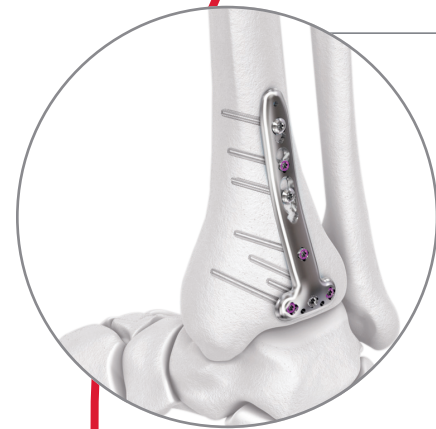
- Screw heads are recessed in plate holes to minimize screw prominence
- Variable angle locking technology
- Locking screws: 2.7 mm in head, 3.5 mm in shaft
- Non-locking screws: 2.7 mm (cortex and metaphyseal), 3.5 mm (cortex)
- Available in stainless steel
- Plate lengths 112 mm–292 mm, 4 holes–16 holes
- Anteromedial plates with anterior arm to capture small articular bone fragments[†]



VA LCP Anatomic Plates

2.7 mm/3.5 mm VA LCP Anterolateral Distal Tibia Plates

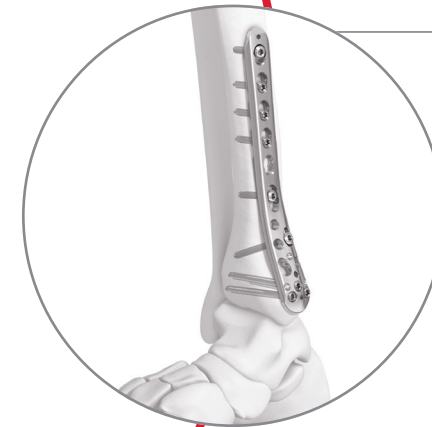
- Head of plate has eight 2.7 mm VA locking screw holes that provide support for the articular surface[†]
- Screw angulations at nominal angle are targeted for Volkmann's triangle and Chaput fragment[†]
- Distal head holes angle 11–12° inferiorly to capture the posterior malleolus
- Variable angle locking technology
- Locking screws: 2.7 mm in head, 3.5 mm in shaft
- Non-locking screws: 2.7 mm (cortex and metaphyseal), 3.5 mm (cortex)
- Available in stainless steel
- Plate lengths 82 mm–292 mm, 4 holes–18 holes



VA LCP Anatomic Plates

2.7 mm VA LCP Distal Tibia T and L-Plates

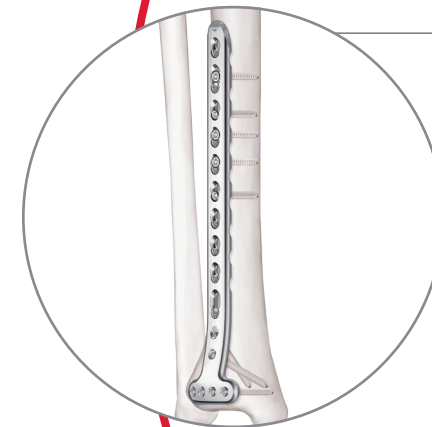
- Distal head holes angle 15° proximally to allow capture of distal fractures and help avoid intra-articular penetration given the average sagittal plane distal tibia angle[†]
- Variable angle locking technology
- Locking screws: 2.7 mm
- Non-locking screws: 2.7 mm (cortex and metaphyseal)
- Available in stainless steel
- Plate lengths 72 mm–90 mm, 4 holes and 6 holes



LCP Anatomic Plates

3.5 mm LCP Low Bend Medial Distal Tibia Plates

- Three distal locking screws diverge across subchondral bone and are parallel to joint[†]
- 3.5 mm cortex and 4.0 mm cancellous bone screws sit flush with plate in the non-locking portion of distal combi-holes to minimize screw prominence
- Fixed angle locking technology
- Locking screws: 3.5 mm
- Non-locking screws: 2.7 mm (cortex), 3.5 mm (cortex), 4.0 mm (cancellous)
- Available in stainless steel and titanium
- Plate lengths 109 mm–239 mm, 4 holes–14 holes



LCP Anatomic Plates

LCP Distal Tibia T-Plates

- Four rafting screws parallel to joint surface along with strut screw options providing additional support in the distal region of the tibia[†]
- Available in a short and long version for anterior and posterior placement on the tibia
- Fixed angle locking technology
- Locking screws: 3.5 mm
- Non-locking screws: 2.7 mm (cortex), 3.5 mm (cortex), 4.0 mm (cancellous)
- Available in stainless steel
- Plate lengths 64 mm–236 mm, 3 holes–16 holes



LCP Universal Plates

4.5 mm/3.5 mm LCP Metaphyseal Plates

- Thinner profile on one end allows contouring to address characteristics of the metaphysis[†]
- Fixed angle locking technology
- Locking screws: 3.5 mm, 4.0 mm, 5.0 mm
- Available in stainless steel and titanium
- Plate lengths 118 mm–334 mm, 8 holes–20 holes

[†]Biomechanical bench testing may not be indicative of clinical outcomes in humans.

Dedicated Low-Energy Ankle Fracture Set

Set to treat low-energy ankle fractures with required instruments, universal and anatomic plates, and cortex screws for syndesmosis fixation in stainless steel and titanium.

Low-Energy Ankle Fracture Sets:

- 01.133.465 USF Low-Energy Ankle Fracture Set, Titanium
- 01.133.265 USF Low-Energy Ankle Fracture Set, Stainless Steel

High-Level Set Content:

Modified Universal Small Fragment Core Set



3.5 mm LCP One-Third Tubular Plates
Non-locking and locking screws



3.5 mm cortex screws
for syndesmosis fixation



Basic instruments



Instruments for reduction
of syndesmosis

VA LCP Distal Fibula Implant and Instrument Tray



2.7 mm VA LCP Lateral
Distal Fibula Plate



4.0 mm cortex screws with
instruments for syndesmosis fixation

Universal Small Fragment System

Streamlined system of instruments and implants for small bone trauma delivered in a compact system that allows you to **Do More**

With Less: fewer surgical sets in the operating room and less to manage in the hospital workflow.⁶



Modular system design
allows multiple system
configurations



Fewer sets needed on the
operating room back table



Ergonomic and intuitive
instruments cover options
for any 2.7 mm and 3.5 mm
non-locking, LCP and VA
LCP Implants



Less inventory requiring
sterilization, transport,
and storage



Access to the broadest
choice of implant
technology in stainless
steel and titanium



Less training needed on
one system for surgical
and hospital teams



Ordering Information

2.7 mm VA LCP Lateral Distal Fibula Plates

Stainless steel	Titanium	Right/Left	Holes	Length (mm)
02.118.400	04.118.400	Right	3	79
02.118.401	04.118.401	Left	3	79
02.118.403	04.118.402	Right	4	92
02.118.404	04.118.403	Left	4	92
02.118.405	04.118.404	Right	5	105
02.118.406	04.118.405	Left	5	105
02.118.407	04.118.406	Right	6	118
02.118.408	04.118.407	Left	6	118
02.118.409	04.118.408	Right	7	131
02.118.409	04.118.409	Left	7	131
02.118.410	04.118.410	Right	9	157
02.118.411	04.118.411	Left	9	157
02.118.412	04.118.412	Right	11	183
02.118.413	04.118.413	Left	11	183
02.118.414	04.118.414	Right	13	209
02.118.415	04.118.415	Left	13	209
02.118.416	04.118.416	Right	15	235
02.118.417	04.118.417	Left	15	235



2.7 mm/3.5 mm LCP Lateral Distal Fibula Plates

Stainless steel	Titanium	Right/Left	Holes	Length (mm)
02.112.136	04.112.136	Right	3	73
02.112.137	04.112.137	Left	3	73
02.112.138	04.112.138	Right	4	86
02.112.139	04.112.139	Left	4	86
02.112.140	04.112.140	Right	5	99
02.112.141	04.112.141	Left	5	99
02.112.142	04.112.142	Right	6	112
02.112.143	04.112.143	Left	6	112
02.112.144	04.112.144	Right	7	125
02.112.145	04.112.145	Left	7	125
02.112.148	04.112.148	Right	9	151
02.112.149	04.112.149	Left	9	151
02.112.152	04.112.152	Right	11	177
02.112.153	04.112.153	Left	11	177
02.112.156	04.112.156	Right	13	203
02.112.157	04.112.157	Left	13	203
02.112.160	04.112.160	Right	15	229
02.112.161	04.112.161	Left	15	229



2.7 mm/3.5 mm LCP Posterolateral Distal Fibula Plates

Stainless steel	Titanium	Right/Left	Holes	Length (mm)
02.112.106	04.112.106	Right	3	77
02.112.107	04.112.107	Left	3	77
02.112.108	04.112.108	Right	4	90
02.112.109	04.112.109	Left	4	90
02.112.110	04.112.110	Right	5	103
02.112.111	04.112.111	Left	5	103
02.112.112	04.112.112	Right	6	116
02.112.113	04.112.113	Left	6	116
02.112.114	04.112.114	Right	7	129
02.112.115	04.112.115	Left	7	129
02.112.118	04.112.118	Right	9	155
02.112.119	04.112.119	Left	9	155
02.112.122	04.112.122	Right	11	181
02.112.123	04.112.123	Left	11	181
02.112.126	04.112.126	Right	13	207
02.112.127	04.112.127	Left	13	207
02.112.130	04.112.130	Right	15	233
02.112.131	04.112.131	Left	15	233



LCP One-Third Tubular Plates, With Collar

Stainless steel	Titanium	Holes	Length (mm)
241.321	441.321	2	21
241.331	441.331	3	33
241.341	441.341	4	45
241.351	441.351	5	57
241.361	441.361	6	69
241.371	441.371	7	81
241.381	441.381	8	93
241.391	441.391	9	105
241.401	441.401	10	117
241.421	441.421	12	141



One-Third Tubular Plates, With Collar

Stainless steel	Titanium	Holes	Length (mm)
241.32	441.32	2	25
241.33	441.33	3	37
241.34	441.34	4	49
241.35	441.35	5	61
241.36	441.36	6	73
241.37	441.37	7	85
241.38	441.38	8	97
241.39	441.39	9	109
241.40	441.40	10	121
241.42	441.42	12	145

2.7 mm/3.5 mm VA LCP Medial Distal Tibial Plates

Stainless steel	Right/Left	Holes	Length (mm)
02.118.002	Right	4	112
02.118.003	Left	4	112
02.118.004	Right	6	142
02.118.005	Left	6	142
02.118.006	Right	8	172
02.118.007	Left	8	172
02.118.008	Right	10	202
02.118.009	Left	10	202
02.118.010	Right	12	232
02.118.011	Left	12	232
02.118.012	Right	14	262
02.118.013	Left	14	262
02.118.014	Right	16	292
02.118.015	Left	16	292



2.7 mm/3.5 mm VA LCP Anteromedial Distal Tibial Plate

Stainless steel	Right/Left	Holes	Length (mm)
02.118.102	Right	4	112
02.118.103	Left	4	112
02.118.104	Right	6	142
02.118.105	Left	6	142
02.118.106	Right	8	172
02.118.107	Left	8	172
02.118.108	Right	10	202
02.118.109	Left	10	202
02.118.110	Right	12	232
02.118.111	Left	12	232
02.118.112	Right	14	262
02.118.113	Left	14	262
02.118.114	Right	16	292
02.118.115	Left	16	292



2.7 mm VA LCP Posterolateral Distal Tibia L-Plate

Stainless steel	Right/Left	Holes	Length (mm)
02.118.302	Right	4	72
02.118.303	Left	4	72
02.118.304	Right	6	90
02.118.305	Left	6	90



3.5 mm LCP Hook Plates

Stainless steel	Titanium	Holes	Length (mm)
02.113.103	04.113.103	3	62



3.5 mm LCP Metaphyseal Plates

Stainless steel	Titanium	Holes	Length (mm)
223.406	423.406	6	86
223.407	423.407	7	99
223.408	423.408	8	112
223.409	423.409	9	125
223.410	423.410	10	138
223.411	423.411	11	151
223.412	423.412	12	164
223.414	423.414	14	190
223.416	423.416	16	216
223.418	423.418	18	242



2.7 mm/3.5 mm VA LCP Anterolateral Distal Tibial Plate

Stainless steel	Right/Left	Holes	Length (mm)
02.118.202	Right	4	82
02.118.203	Left	4	82
02.118.204	Right	6	112
02.118.205	Left	6	112
02.118.206	Right	8	142
02.118.207	Left	8	142
02.118.208	Right	10	172
02.118.209	Left	10	172
02.118.210	Right	12	202
02.118.211	Left	12	202
02.118.212	Right	14	232
02.118.213	Left	14	232
02.118.214	Right	16	262
02.118.215	Left	16	262
02.118.216	Right	18	292
02.118.217	Left	18	292



2.7 mm VA LCP Posterolateral Distal Tibia T-Plate

Stainless steel	Right/Left	Holes	Length (mm)
02.118.306	Right	4	72
02.118.307	Left	6	90



Ordering Information

3.5 mm LCP Distal Tibia T-Plates

	Holes	Length (mm)
02.112.203	3	64
02.112.205	5	90

3.5 mm LCP Posterior Distal Tibia T-Plates

	Holes	Length (mm)
02.112.208	8	132
02.112.212	12	184
02.112.216	16	236

4.5 mm/3.5 mm LCP Metaphyseal Plates

Stainless steel	Titanium	Holes	Length (mm)
224.753	424.753	3/5	118
224.754	424.754	4/5	136
224.755	424.755	5/5	154
224.756	424.756	6/5	172
224.757	424.757	7/5	190
224.758	424.758	8/5	208
224.759	424.759	9/5	226
224.761	424.761	11/5	262
224.763	424.763	13/5	298
224.765	424.765	15/5	334



3.5 mm LCP Low Bend Medial Distal Tibia Plates

Stainless steel	Titanium	Right/Left	Holes	Length (mm)
02.112.510	04.112.510	Right	4	109
02.112.511	04.112.511	Left	4	109
02.112.514	04.112.514	Right	6	135
02.112.515	04.112.515	Left	6	135
02.112.518	04.112.518	Right	8	161
02.112.519	04.112.519	Left	8	161
02.112.522	04.112.522	Right	10	187
02.112.523	04.112.523	Left	10	187
02.112.526	04.112.526	Right	12	213
02.112.527	04.112.527	Left	12	213
02.112.530	04.112.530	Right	14	239
02.112.531	04.112.531	Left	14	239



- All plates are available non-sterile and sterile packaged
- Add "S" to product number for sterile product
- For screw ordering information, please refer to the respective plate surgical technique guide

To learn more, contact your DePuy Synthes Sales Consultant, or visit [depuysynthes.com](https://www.depuysynthes.com).

References: 1. DePuy Synthes. FIBULINK competitive evaluation memo. 5/21/20. Windchill Document #0000303949. 2. DePuy Synthes. Syndesmosis physiologic motion & soft tissue rationale. 5/22/20. Windchill Document #0000303937. 3. DePuy Synthes. FIBULINK indications memo. 5/12/20. Windchill Document #0000295747. 4. DePuy Synthes. FIBULINK non-locking plate compatibility memo. 6/30/20. Windchill Document #0000295062. 5. DePuy Synthes. Fatigue loading and static failure (FIBULINK implant vs. Tightrope XP). 8/24/20. Windchill Document #0000304763. 6. Use of "fewer sets" and "with less" used throughout document uses a comparison of existing comparable DePuy Synthes systems as benchmark.

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 1101 Synthes Avenue
 Monument, CO 80132

To order (USA): 800-523-0322

To order (Canada): 844-243-4321

Note: For recognized manufacturer, refer to the product label.

[depuysynthes.com](https://www.depuysynthes.com)

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